



Resource Guide

For Parents of Maritime Academy

In Partnership with A Step Beyond

A Step Beyond
(419) 265-0655

A STEP BEYOND



For an electronic Resource guide to all United Way 211 resources

<https://www.navigateresources.net/toledo/>

Cyberbullying

National Children's Alliance - <https://www.nationalchildrensalliance.org/cyberbullying/>

Dental Resources

- Health Partners of Western Toledo <https://hpwohio.org/services>
- Old West End Community Health Center 567.318.3891
- Riverside Community Health Center 567.318.3900
- Owens Community College Dental Hygiene Clinic 567.661.7294
- University of Toledo Medical Center Div. of Dentistry 419.383.3805
- Zenobia Shrine Temple (cleft lip & palate 419.661.9200 www.zenobiashriners.com

Domestic Violence Resources

- 24-Hour Crisis Response 419.245.3324
- Bethany House 419.727.4948 www.Bethanyhousetoledo.org
- Children's Advocacy Center 419.292.2927 www.fcacp.org
- Children Who Witness Violence Project
- Cocoon Shelter (Bowling Green) 419.352.1545 / 1.800.472.9411 www.Thecocoon.org
- Domestic Violence Resource Center (civil protection order) 419.213.2700 www.DVRC-OR.org
- Family and Child Abuse Prevention Center/ 419.244.3053 www.fcacp.org
- Delta Project
- Jewish Family Services 419.885.2561 www.Jewishtoledo.org
- Juvenile Court (protection order against a minor 419.213.6722 www.Co.lucas.oh.us
- Lucas Co. Children Services 419.213.3200 <https://www.co.lucas.oh.us>
- Lucas Co. Victim-Witness Assistance 419.213.4591 <https://www.co.lucas.oh.us>
- Maumee Victims' Advocate 419.897.7152 <https://www.co.lucas.oh.us>
- National Domestic Violence Hotline 1.800.799.7233
- National Teen Dating Abuse Helpline 1.866.331.9474
- Ohio Domestic Violence Network 1.800.934.9840 www.odvn.org
- Oregon Court Advocate 419.698.7067 www.Oregonmunicipalcourt.us
- Sylvania Court Advocate 419.882.8018 <https://www.sylvaniacourt.com>
- Toledo Police Domestic Violence Officer 419.245.1132
- United Way 2-1-1 Dial 2-1-1

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- YWCA Battered Women's Shelter 419.241.3235 www.YWCAnwo.org
- YWCA Domestic Violence Crisis Line 1.888.341.7386 / 419.241.7386 www.YWCAnwo.org
- YWCA HOPE Center Sexual Assault Hotline & Support Group
- (adults & teens) 1.866.557.7273 / 419.241.7273 www.YWCAnwo.org

Educational & Developmental Resources

- ARC of Lucas Co. (IEP) 419.882.0941
- Ability Center 419.885.5733 www.Abilitycenter.org
- Afterschool Alliance 419.242.2122 <https://partnerstoledo.org>
- Anne Grady Center 419.866.6500 <https://annegrady.org>
- Autism Academy of Learning 419.865.7487 www.theautismacademy.org
- Avenues for Autism 419.291.7031
- <http://www.GreatLakesAutism.org>
- Early Intervention (children 0-3 years with delays 419.381.7300
<https://www.co.lucas.oh.us>
- Educational Service Center of Lake Erie West 419.245.4150 www.eslakeeriewest.org
- Early Childhood & Diagnostic Center (services Springfield, Ottawa Hills, Anthony Wayne, Washington Local and Maumee Schools)
- Preschool 419.473.2237
- Older children 419.245.4150
- Help Me Grow Central Intake 419.725.7194
- East Toledo Family Center 419.691.1429
- Family & Child Abuse Prevention Center 419.244.3053
- Lucas Co. Family Council 419.725.7192
- Mercy Home Visiting 419.251.2469
- iTaalk Autism Foundation 567.377.5710 www.itaalk.com
- Lucas Co. Board of Developmental Disabilities 419.381.8320 / 419.380.4000
<https://lucasdd.info>
- Maumee City Schools Student Services 419.893.3200 www.maumee.k12.oh.us
- Mercy Autism Services 419.794.7259
- NW Ohio Stuttering Clinic (Univ. of Toledo) 419.530.6682 www.utoledo.edu
- Ohio Coalition for the Education of Children with Disabilities 1.844.382.5452
<https://www.ocecd.org/>
- Oregon City Schools Dept. of Student Services (3-5 years) 419.698.6000
www.oregoncityschools.org
- Prescribed Pediatrics (medically fragile child daycare 419.530.6726

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- ProMedica Toledo Children's Hospital
- Autism Early Learning Program 419.291.7080 www.promedica.org
- Safe-T-City of Toledo 419.936.2984 www.toledopal.org
- State Support Team Region I 419.720.8999 <http://www.sstr1.org>
- Summit Academy Schools 419.476.0784 www.summitacademies.org
- Sylvania City Schools-Special Education (3-5 years) 419.824.8587 www.sylvaniaschools.org
- Toledo Public Schools Early Childhood Education 419.671.8755
- Toledo Public Schools Special Education 419.671.0433
- Washington Local Schools Special Education
- Special Student Services (3-5 years) 419.473.8235 www.wls4kids.org

Employment Resources

- Opportunities for Ohioans with Disabilities 5241 Southwyck Blvd. Suite 200, Toledo, OH 43614. / Phone: 419-866-5811 / www.ood.ohio.gov
- Bureau for Vocational Rehabilitation Services and Bureau of Services for the Visually Impaired (job training/GED/equipment/ job placement) 419.866.5811 / 1.800.589.5811
- Goodwill (job training/vocational evaluation), 525 Cherry St. 419.255.0070
- Monroe St. Neighborhood Center (computer lab, job searches, resume writing) 419.473.1167 Ohio Dept. of Job & Family Services 1.877.852.0010
- Ohio Means Jobs Lucas County (The Source) 419.213.5627
- Toledo-Lucas County Public Library Job Search Center 419.259.5209

Financial Support Resources

- Financial Opportunity Center 419.724.5640 www.lisc.org
- Lucas Co. Child Support Enforcement Agency 419.213.3000 www.co.lucas.oh.us
- Lucas Co. Dept. of Job & Family Services (OWF, PRC) 419.213.8999 www.co.lucas.oh.us
- Ohio Benefit Bank 1.800.648.1176 <https://samaritanoutreachservices.com>
- Ohio Coalition for Education 740.382.5452
- Ohio Dept. of Job & Family Services (employment/unemployment) 1.877.644.6562 / 419.213.8999
- Social Security Administration 1.800.772.1213
- United Way 2-1-1 or 419.248.2424

Food Assistance Resources

- Anthony Wayne Community Food Ministry 844-643-6637

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8217 Dutch Road, Waterville, OH 43566

2nd and 4th Tuesday of each month, 4:30 pm- 6:00 p.m.

No location restrictions; must meet income requirements

- Augsburg Lutheran Church Food Pantry 419-478-2374
1342 Sylvania Avenue, Toledo OH.
Zip Codes: 12, 13
3rd Saturday of every month 8:00-2:00 p.m.
- Cherry Street Mission Ministries 419-242-0068
1919 Madison Avenue, Toledo, OH 43604
Community Hours 4:00-6:00 p.m.
- Church Women United Thrift Shop and Food Pantry 419-865-2300
631 S. Crissey Road, Holland OH 43528
Friday 12:00-4:00 p.m. & Saturday 9:00 a.m. - 1:00 p.m.
No location restrictions given (must be referred) Commodity Supplemental Food Program/ Toledo
- Seagate Food Bank 419-244-6996
526 High Street, Toledo OH 43609
Veterans: Tuesday and Thursday 12:00-1:00 p.m.
Families in Recovery: Wednesday 12:00-1:00 p.m.
- Connecting Kids to Meals 419-720-1106
1501 Monroe Street, Toledo OH 43604
Monday- Friday
Provides summer meals for children under <18 yrs. 14 zip codes countywide
- Crossroads Family Resource Center 419-475-3258
4543 Douglas Road, Toledo OH 43613
documents required: Photo ID, Proof of Address, Social Security or Medicaid number
- Emmanuel Baptist Church 419-473-3280
4207 W Laskey Road, Toledo OH 43623
Thursday 8:00 a.m.
Zip Codes: 06, 12, 13, 15, 23, 43560, 48144, 48182. Bring ID.
- Fairgreen Presbyterian Church 419-475-4436
3220 Laskey Road, Toledo OH 43613
Dates and Times Vary
Photo ID Required
- Faith Lutheran Church 419-385-7459
2440 South Avenue, Toledo OH 43609
Thursday 5:00-6:30 p.m.

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Food for Thought 419-972-0022

- Trinity Episcopal Church
316 Adams Street, 2nd Floor, Toledo OH 43604
Photo ID Required
4th Thursday 10:00 a.m.-12:00 p.m.
Mobile pantry at 10 different locations; go to www.feedtoledo.org/pantries for schedule
- FOP 40 Charities 419-578-7800
255 Gradolph Street, Toledo OH 43612
3rd Wednesday of the month 11:00 a.m.-3:00 p.m.
No location restrictions given
- Frederick Douglass Community Association 419-244-6722
1001 Indiana Avenue, Toledo OH 43607
Monday-Friday 9:00-5:00 p.m.
Zip Code: 07
- Friendly Center 419-243-1289 x 305
1324 N. Superior Street, Toledo OH 43604
Tuesday 10:00-12:45 p.m. and Thursdays 3:00-5:45 p.m.
Photo ID and Proof of Address required
- Historic Church of St. Patrick 419-243-6452
130 Avondale Avenue, Toledo OH 43604
Monday, Wednesday, Friday 12:00 p.m.-2:00 p.m.
Photo ID Required
Zip Code: 04
- Jewish Family Service of Toledo 419-885-2561
6505 Sylvania Avenue, Sylvania OH 43560
They do an interview to determine need, by appointment only
Monday-Thursday 8:30-4:30 p.m., Friday 8:30- 3:30 p.m.
- Little Flower St. Vincent de Paul 419-531-5268
5522 Dorr Street, Toledo OH 43615
Tuesdays 1:30-2:30 p.m. and 6:30-7:30 p.m.
S of Blossman, N of Nebraska, W of Richards, E of Centennial
- Lutheran Social Services 419-243-9178
2149 Collingwood Blvd., Toledo OH 43620
Tuesday 10:00- 12:00 p.m., Thursday 9:30-12:00 p.m.
Church or social service agency referral
- Martin Luther King Kitchen for the Poor 419-241-2596
650 Vance Street, Toledo OH 43604

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Monday-Friday 12:00-1:00 p.m.

No location restrictions given

- Monroe Street Neighborhood Center 419-473-1167
3613 Monroe Street, Toledo OH 43606
Monday-Friday 8:30-3:00 p.m.
Zip Codes: 06, 07
- Mosaic Ministries 419-344-5844
860 Orchard St. Toledo, OH 43609
Meals: Breakfast: Mon-Sat 7:00-7:45 a.m.
Dinner: Tuesday 5:45 p.m., Thurs, Sat, Sun 5:30 p.m.
Pantry: Sun 5:00 p.m., Tues 5:30 p.m.
Photo ID required
- Mustard Seed Outreach Ministry 419-727-1800
5420 302nd Street, Toledo OH 43611
Mon 10:00-2:00 p.m., Tues 4:00-7:00 p.m., Wed 10:00-2:00 p.m.
Zip Code: 11
- North Point Church 419-472-5346
3708 W. Laskey Road, Toledo OH 43623
2nd & 4th Wed. of each month, 9-11:30 a.m.; bring ID
- Olivet Lutheran Church 419-882-2077
5840 Monroe Street, Sylvania OH 43560
Mon and Wed 9:00- 2:00 p.m.
- Providence Center 419-244-0666 1205 Broadway Street, Toledo OH 43609
Zip Code: 09 east of AW Trail Wed and Thurs begins at 11:30 a.m.
- Providence Lutheran Church 419-865-4548 8131 Airport Highway, Holland OH 43528
Must have Holland address and/or Springfield School District
4th Thursday of the month 2:00-5:00 p.m.
- Redeemer Lutheran Church 419-536-3781 1702 Upton Avenue, Toledo OH 43607
Dates and Times Vary Zip Codes: 06 north of Dorr, 43607
- Salem Lutheran Church 419-243-2345 1127 N. Huron Street, Toledo OH 43604
Zip Code: 04
- Salvation Army N W O 419-241-3549 / 419-241-1138 620
N. Erie Street, Toledo OH 43604 Walk-ins Monday-Thursday 9:00-12:00 p.m.
- Southside Life Station 419-242-3340 402 South Avenue, Toledo OH 43609
On Request for 09 residents with referral
- St. Paul's United Methodist Church 419-243-8284
1201 Madison Avenue, Toledo OH 43604

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Friday 10:00-1:00 p.m. No location restrictions given

- Sylvania Area Family Services 419-882-8415 5440 Marshall Road, Sylvania OH 43560
Thursday 10:00-1:00 p.m. Sylvania School District
- Toledo Emergency Choice Food Pantry 419.243.9178
2149 Collingwood Blvd Toledo, OH 43620 Call on Monday, Wednesday, or Friday to register.
- The Pinewood Tabernacle 419-255-8478 531 Pinewood Ave. Toledo, OH 43604
Tuesday 4:00 pm- 5:30 pm
- Under One Roof Food Pantry - St. Paul's Episcopal Church 419-794-0111
310 Elizabeth Street, Maumee OH 43537
Monday 12:00-4:00 p.m., Thursday 9:00-11:00 am, 1st and 3rd Thursday 6:00-8:00 p.m.
Zip Codes: 43537, 43542, 43566, 43571, 43609, 43614
- United Way of Greater Toledo Dial 2-1-1
424 Jackson Street, Toledo OH 43604
No location restrictions given
- Unity UMC 419-693-5170 1910 E. Broadway, Northwood OH 43619
Food Pantry 2nd and 3rd Wednesday 4:00-6:00 p.m.
- Wesley United Methodist Church 419-726-4160 2934 Stickney Avenue, Toledo OH 43608
Saturday 9:00-11:00 a.m. Zip Code: 43608; diabetic food available

Furniture

- Beds for Kids - Lets Build Beds 567-246-0616 <https://letsbuild.org/>
- Hearing Audiology & Sign Language Resources
- Deaf Services Center of Northwest Ohio (419) 720-3935 www.dsc.org/nwo.php
- Hyman Hearing & Speech 419.865.7500 www.hymanhearingspeechctr.com
- Mercy Children's Hospital Speech Therapy 419.251.2981 www.Mercy.com
- Northwest Ohio Hearing Clinic 419.383.4012
- Northwest Ohio Speech 419.536.4247 www.nowspeech.com
- Ohio Dept. of Health Hearing 614.466.1995 www.Ohio.gov
- ProMedica Toledo Children's Hospital Audiology 419.291.5680 www.promedica.org

Homelessness, Housing Issues & Assistance

- United Way Families seeking shelter should first dial 2-1-1
- Aurora Project, Inc 419.244.3200 www.auroraprojectinc.org

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- Beach House Family Shelter 419.241.9277 www.lfhtoledo.org
- Catholic Charities 419.244.6711 <https://catholiccharitiesnwo.org>
- Cherry Street Mission (men) 419.242.5141 www.cherrystreetmission.org
- Family House Shelter 419.242.5505 www.familyhousetoledo.org
- Fair Housing Center 419.243.6163 www.toledofhc.org
- Homelessness Board Dial 2-1-1 / 419.244.9440 <https://endinghomelessness.toledo.org>
- La Posada Shelter 419.244.5931 www.catholiccharitiesnwo.org
- Leading Families Home 419.244.2175 www.lfhtoledo.org
- Lucas Metropolitan Housing Authority (LMHA) 419.259.9400 <https://www.lucasmha.org>
- Maumee Valley Habitat for Humanity 419.382.1964 <http://www.mvhabitat.org>
- Pathway, Inc. 419.242.7304 www.pathwaytoledo.org
- St. Paul's Community Center 419.255.5520 www.StPaulsCommunityCenter.org
- Salvation Army 419.241.1138 www.neo.salvationarmy.org
- Sparrow's Nest Shelter (women) 419.321.1835
<https://www.homelessshelterdirectory.org>
- Toledo Area Ministries 419.242.7401 www.ohiohopes.org
- Toledo Gospel Rescue Mission 419.241.6579 <https://tgrm.org>
- Rebekah's Haven I (women) 419.243.0403
- Toledo Rescue Mission (men) 419.242.6642

Human Trafficking

International Human Trafficking & Social Justice Conference
2801 W Bancroft St, Toledo
(419) 530-5592

Immigration Services

US Together Inc.-Toledo
Community services/non-profits
3450 W Central Ave Ste 118, Toledo
(419) 469-2529

Adelante Inc
Community services/non-profits
520 Broadway St, Toledo
(419) 244-8440

Social Services for the Arab Community (SSFAC)
Association/Organization
3110 Tremainsville Rd, Toledo
Open · Closes 4:30 PM · (419) 902-7732

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Legal Services

- ABLE 419.255.0814 www.ablelaw.org
- Advocacy & Protective Services of NW Ohio 419.389.4715 www.apsiohio.org
- Children's Rights Council of NW Ohio 419.473.8955 www.crckids.org
- Court Appointed Special Advocates for Children (CASA) 419.213.6753
www.co.lucas.ohio.us
- Disability Rights Ohio 1.800.282.9181 www.disabilityrightsohio.org
- Juvenile Court 419.213.6722 www.co.lucas.oh.us
- Legal Aid of Western Ohio Intake Line 1.888.534.1432 / 419.724.0460 www.lawolaw.org
- Legal Clinic, University of Toledo College of Law 419.530.4236 www.utoledo.edu
- Ohio Access to Justice Foundation 1.866.529.6446 www.ohiojusticefoundation.org
- Toledo Bar Association Lawyer Referral Service 419.242.2000 www.toledobar.org
- LGBTQ+ Resources/Bullying
- Equality Toledo 419.407.6225 www.equalitytoledo.org
- Fuse Recovery 419.315.6422 <https://fuserecovery.com/services/>
- Lucas Co. Sheriff Bullying Hotline 419.654.3425 www.co.lucas.oh.us
- Medicaid Managed Care Plans
- AmeriHealth Caritas 1-833-764-7700 <https://www.amerihealthcaritasoh.com/>
- Aetna Better Health 1-833-711-077
<https://www.aetnabetterhealth.com/ohiorise/index.html>
- Anthem Blue Cross Blue Shield 1-844-912-0938 <https://www.anthem.com/>
- Buckeye Health Plan 1-866-246-4358 <https://www.buckeyehealthplan.com/>
- CareSource 1-800-488-0134 <https://www.caresource.com/>
- Humana Healthy Horizons in Ohio 1-877-856-5702
<https://www.humana.com/medicaid/ohio>
- Molina Healthcare of Ohio, Inc 1-800-642-4168 <https://www.molinahealthcare.com/>
- United Healthcare Community Plan 1-800-895-2017
<https://www.uhc.com/communityplan>

(LGBTQIA+) Equality Toledo

440 Floyd St Ste C, Toledo, OH 43620 ·

Phone: (419) 540-8424 / Website: equalitytoledo.org

Lucas County Children Services

Administrative Offices

301 Adams Street

Toledo, OH 43604

Phone: (419) 213-3200

Fax: (419) 327-3291

Switchboard is answered 24/7

TDD/TTY:(419) 327-3559

****To Report Abuse or Neglect**:**

(419) 213-CARE (2273)

(24 hours a day, 7 days a week)

Foster Care/Adoption Information:

(419) 213-3336

Medical Resources & Advocacy

- ACOG (Management of Stillbirth) <https://www.acog.org/clinical>
- Ability Center of Greater Toledo 419.885.5733 www.abilitycenter.org
- American Cancer Society 1.888.227.6446 / 419.882.6567 www.cancer.org
- American Diabetes Association 1.800.342.2383 / 1.248.433.3830 www.diabetes.org
- American Heart Association 419.740.6015 www.heart.org
- American Lung Association 1.800.586.4872 www.lung.org
- Arthritis Foundation of NW Ohio 614.876.8200 www.arthritis.org
- Autism Society of NW Ohio 419.578.2766 <https://asno.org>
- Brain Injury Association 1.800.444.6443 www.biaoh.org
- Bureau for Children with Medical Handicaps 1.614.466.1700 / 419.213.4100
www.odh.ohio.gov
- Children's Craniofacial Association 1.800.535.3643 www.ccakids.org
- Community Care Clinic at Cedar Creek Church 419.482.8127 www.utcommunitycare.org
- Cordelia Martin Community Health Center 419.255.7883
- Cystic Fibrosis Center of NW Ohio 419.291.2207 www.promedica.org
- Diabetes Youth Services 419.887.8739 / 419.291.1234 www.dys4kids.org
- Double ARC (Fetal Alcohol Syndrome) 419.479.3060 www.doublearc.org
- Down Syndrome Assoc. of Greater Toledo 419.536.4321 www.dsagt.org
- Easter Seals Society 419.535.5750 www.easterseals.com
- Epilepsy Center of NW Ohio, Inc. 419.867.5950 www.epilepsycenter.org
- Equitas Health/AIDS Resource Center 419.241.9444 x 404 <https://npin.cdc.gov>
- Graham's Foundation (preemie support) 1.888.466.2948 www.grahamsfoundation.org
- Health Partners of Western Toledo <https://hpwohio.org/services>
- Old West End Community Health Center 567.318.3891
- Riverside Community Health Center 567.318.3900
- Heartbeat of Toledo 419.241.9131 www.heartbeatoftoledo.org
- Hemophilia Foundation of NW Ohio 419.291.5882 <http://www.nohf.org>
- iTaalk Autism Foundation 567.377.5710 www.itaalk.org

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- Kidney Foundation of NW Ohio 419.329.2196 www.kfnwo.org
- Lucas Co. Board of Developmental Disabilities 419.381.7300 <https://lucasdd.org/>
- Lucas Co. Dept. of Job & Family Services 419.213.8999 www.co.lucas.oh.us
- (Medicaid or cab service for appointments)
- March of Dimes of NW Ohio 419.534.3600 www.marchofdimes.org
- Mayores Senior Center 419.242.1144
- Mended Little Hearts 419.704.4132 www.connect.mendedhearts.org
- Mildred Bayer Clinic 419.241.1554
- Multiple Sclerosis Society of NW Ohio 419.897.9533 www.nationalmssociety.org
- Muscular Dystrophy Association 734.416.7076 <https://www.mda.org>
- Neighborhood Health Association 419.720.7883
- NHA Pediatrics 419.241.4230
- Northwest Ohio Apraxia Support www.nowapraxiasupport.org
- Ohio Rehabilitation Services Commission/BVR 419.866.5811 <https://ood.ohio.gov>
- Planned Parenthood 419.255.1115 www.plannedparenthood.org
- Poison Information Center 1.800.222.1222 www.aapcc.org
- River East Community Health Center 419.691.1322
- Salvation Army 419.241.1138 <https://neo.salvationarmy.org>
- Shaken Baby Hotline 419.251.5555 / 1.877.251.5437 x 5555
- Sickle Cell Project of NW Ohio 419.214.5700 x 6240 www.ohiosicklecell.org
- Social Security Administration/Disability Benefits 1.866.331.2196
<https://www.socialsecurityoffices.inf>
- South Side Community Health Center 419.241.6106 www.nhainc.org
- Sunshine Communities 419.865.0251 www.sunshine.org
- Toledo Clinic (adult care) 419.473.3561 www.toledoclinic.com
- Toledo Peds 419.291.2121 www.healthgrades.com
- Toledo-Lucas County CareNet 419.842.0800 <https://toledocarenet.org>
- Toledo-Lucas Co. Health Dept., 635 North Erie St. www.lucascountyhealth.com
- Adult Immunizations 419.213.4163
- Adult Medical (services/appointments) 419.213.4203
- Medical Records 419.213.4139
- Pediatrics and Prenatal (services/appointments) 419.213.4209
- Pharmacy 419.213.4026
- WIC 419.213.2124
- Zenobia Shrine Temple 419.661.9200 x 120 www.zenobiashriners.com

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Optical Services

- American Council of the Blind 1.800.424.8666 www.acb.org info@acb.org
- Eye Care America www.eyecareamerica.org
- www.aao.org/eyecare-america
- eyecareamerica@aao.org
- Prevent Blindness Ohio 1.800.301.2020 www.acb.org info@acb.org
- Vision Associates (Promedica Wildwood Medical) (419) 720-3937
<https://www.promedica.org/>
- Sight Center of NW Ohio 1.800.624.8378 / 419.720.3937 www.sightcentertoledo.org
- Sighted Guide Ohio 419.870.2797 www.sightedguideohio.org
- VSP Sight for Students www.sightforstudents.org

Parenting/ Pregnancy Resources

- Baby University 419-346-9425 <https://www.babyutoledo.com>
- Baby 1st Network (800) 477-7437 Toll-Free / (330) 929-9911
<https://www.baby1stnetwork.org/>
- Breastfeeding Support (419) 213.2124 <https://lucascountyhealth.com/community-outreach/children-pregnancy/lactation-breastfeeding/>
- Catholic Club- Live United (Fatherhood Support Group) <https://www.catholicclub.org/>
- Center of HOPE Family Services 419-213-6641 www.cohfs.org
- Cribs for Kids 419.213.4128 <https://lucascountyhealth.com/community-outreach/children-pregnancy/cribs-for-kids/>
- Family & Child Abuse Prevention Center 419-244.3053 www.fcapc.org
- Healthy Start 419.213.8434 <https://lucascountyhealth.com/community-outreach/children-pregnancy/healthy-start/>
- La Leche League International 1-800-525-3243 / 1-919-459-2075 (fax) <https://lalli.org>
info@lalli.org (email)
- Helps mothers worldwide to breastfeed through mother-to-mother support.
- Providence Center 419-244-0666
- Sisters United 419-350-7467 www.pathwaytoledo.org
- Safe Sleep Education 419.213.4128
<https://lucascountyhealth.com/community-outreach/children-pregnancy/safe-sleep-education/>
- Sarah Outreach and Recovery Center (SORC) 419-407-5546 <https://www.sorcllc.org>
- Sylvania Prevention Alliance (419) 824- 8588 <https://sylvaniaprevention.org/>

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- YMCA/JCC of Greater Toledo- Fatherhood Initiative Program (419) 214-0085
- Zepf Center's Maternal Opiate Medical Supports (MOMS) 855.593.0748
<https://www.serenitylodgelakearrowhead.com/>

Pet Assistance

- Humane Ohio Pet Food Bank (pet food only) 419.266.5607 www.humaneohio.org
- Lucas Co. Canine Care & Control 419.213.2800 www.lucascountydogs.com
- PET Bull Project 419.704.2216
- Planned Pethood 419.826.3499 www.plannedpethood.org
- Toledo Area Humane Society 419.891.0705 www.toledohumane.org

Substance Use Services

- ACOG (Marijuana and Pregnancy) <https://www.acog.org/womens-health/faqs/marijuana-and-pregnancy>
- Al-Anon/Alateen Information Service 419.537.7500
- Cocaine Anonymous 419.385.9000 www.caohio.org
- Narcan Training and Distribution 419.213.4160
- <https://lucascountyhealth.com/lc-opiate-coalition/narcan-training/>
- Naloxone is available for free at TLC HD
- Substance Abuse and Mental Health (SAMHSA) 877.726.4727 <https://www.samhsa.gov/>
- Salvation Army 419.241.1138

Transportation/ Mobility

- Cole Orthotics 419.476.4248 www.coleopc.com
- Equipped Kids 419.865.025
- Hanger Prosthetics/Orthotics 419.841.9852
www.hangerclinic.com/locations/pages/sylvania.aspx
- Kids in Safe Seats 419.291.7945
- Mobility Works 1.800.345.3150 / 419.476.4890
- <https://www.mobilityworks.com/locations/wheelchair-vans-for-sale-in-toledo-ohio>
- Safe Kids Greater Toledo 419.291.5412 safekids.org/coalition/safe-kids-greater-toledo
- The Ability Center 419.885.5733 www.abilitycenter.org
- TARTA/TARPS/Call-A-Ride 419.243.7433 www.tarta.com

Used Clothes & Furniture

- Church Women United Thrift Store (clothing, housewares)
631 South Crissey Rd. 419.865.2300
- Clothes Mentor (clothes are sold)
194 E South Boundary St., Perrysburg 419.872.0022

A STEP BEYOND



5644 Monroe St., Sylvania 419.517.4400

- Dress Right (men's & women's interview clothes) 419.473.1167
- Epworth United Methodist Church Furniture Ministry
4855 W. Central Avenue (referral required) 567.694.3710
- Goodwill Retail Stores (clothing/furniture)
525 Cherry St 419.255.0070
2021 S. Reynolds Rd. 419.389.6644
2600 Sylvania Ave. 419.472.2606
3249 Navarre Ave. 419.214.3088
- Habitat for Humanity ReStore 419.382.1658 1310 Conant St., Maumee
- Kate's Closet (University of Toledo Eberly Center) 419.530.8570
- Katie's Baby World, 1822 Lagrange St 419.244.4182
- Once Upon a Child Children's Resale Shop (infants-size 16)
142 East South Boundary, Perrysburg 419.872.8616
5644 Monroe St., Sylvania 419.841.7500
- Old Newsboys Goodfellows Assn 419.537.7667
- Plato's Closet Resale Shop (teens, sizes 16-2X)
144 West South Boundary, Perrysburg 419.873.8600
5644 Monroe St., Sylvania 419.517.7700
- Project Dignity by Pilgrim Church 419.478.6012
- Salvation Army Thrift Stores (clothing/furniture)
3535 Stickney Ave. 419.727.1172
1856 W. Sylvania Ave 419.474.0374
4405 Woodville Rd 419.691.7425
- The Giving Store 419.255.0886 2545 Monroe St. Toledo
- United Way 2-1-1 Dial 2-1-1

Utility Assistance

- Columbia Gas Warm Choice/Ground Level Solutions 1.800.537.8210
- HEAP & PIPP Plus 1.800.282.0880 / 1.800.447.3333
- Lucas Co. Dept. of Job & Family Services 419.213.8999
- Neighborhood Housing Services of Toledo 419.691.2900
- Pathway Energy Assistance Program 419.242.7304 / 1.866.504.7392
- Salvation Army 419.241.1138
- Toledo Edison 1.800.447.3333
- United Way 2-1-1 Dial 2-1-1

Veteran Services

- Veterans Service Commission 2555 Arlington Avenue Toledo, OH 43614

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Phone: (419) 213-6090 / [Email Us](mailto:LCVSC@co.lucas.oh.us) LCVSC@co.lucas.oh.us

WIC Sites

- Breastfeeding Office and Support
- Toledo-Lucas Co. Health Dept., 635 North Erie St. 419.213.2124
- Cordelia Martin Health Center
- 313 Jefferson Ave 419.255.7883 x 4 or x 108
- River East Community Health Center, 117 Main St. 419.691.1322 x 4
- Toledo-Lucas Co. Health Dept.
- 635 North Erie St. 419.213.4422
- (Western Site) 330 Oak Terrace Boulevard 419.213.6250
- (Eastern Site) East Toledo Family Center, 1020 Varland Ave. 419.693.1116
- South Side Community Health Center
- 1 Aurora Gonzalez Dr. 419.241.4230 x 458 & 459
- St. Vincent Mercy Family Care Center, 2213 Franklin Ave. 419.251.2433
- Toledo Hospital, 2150 West Central Ave., Suite B . 419.291.2216